



COLLEGE OF NURSING, HONG KONG 香港護理學院

香港護理學院舉辦《邁向大灣區之港、珠、澳專業參訪交流團》

主題為「護士：倡領之聲 - 健康共享」

2019年4月12日至13日

香港護理學院邁向第五十五週年，嚮應本年度國際護士協會以「護士：倡領之聲 - 健康共享」主題，秉承着前瞻、團結、創新、承傳展盛現今護理，倡導健康人生。

就着當今醫護服務的需要，香港護理學院、珠海護理學會及澳門護士學會於四月十二至十三日共同舉辦了為期兩天的參訪交流活動，探討周邊社會面對老齡化、慢性病壓力的紓解、社區護理服務及發展中西醫結合護理的裝備。

是次活動目標為：

- (1) 認識澳門醫院及社區衛生服務的最新發展及交流經驗
- (2) 認識珠海中西醫結合醫療的護士配備及角式、珠海養老及社區衛生服務及交流經驗

香港護理學院團員三十人、連同其他兩地護士共六十多人參加了是次交流活動。

交流活動第一天，香港護理學院會長顧慧賢及珠海護理學會理事長葉俏率團先到訪澳門，在澳門護士學會理事長謝少英安排下，認識鏡湖醫院的運作、分享護理人員人事管理及培育護士品德的重要原則；參觀病房運作；之後參觀衛生局黑沙環衛生中心，了解初級衛生保健服務，當中被那巨型牙模、模擬牙醫診所讓小朋友角式扮演等設施所吸引，而紛紛「打卡」；隨後再參觀橫琴澳門大學、其展覽館、圖書館和住宿式書院均充斥着濃厚學術氣息與青春活力，令團員不期然回憶起少年求學時。最後參觀澳門博物館，導賞工作人員娓娓道出澳門的歷史，是那麼遠、又卻是那麼近，深深體會歷史創造現今社會文化、前瞻的同時不忘鑑古辨今。





晚上，港、澳交流團隨珠海護理學會理事長葉俏及各理事委員到珠海酒店晚膳，團員經過一整天的參訪活動，不但毫無倦意，席間互相交流；三地護理學會理事長齊高歌萬水千山總是情，帶出是晚興緻，大家聞歌起舞，唱的陶醉、全團舞動，不亦樂乎。

交流活動第二天參訪珠海市人民醫院，珠海市衛生健康局教科科科長李季委、科學技術協會副主席楊穆、市人民醫院黨委書記劉軍衛等親臨接待，介紹粵港澳大灣區發展及衛生健康的合作前瞻，再由兩位護理部主任簡介醫養結合試點工作、家庭醫生簽約模式下社區護士角色延伸與展望。繼而參觀珠海市人民醫院的幹部保健老年病科、精準醫療及互聯網醫院；跟著參觀中西醫結合醫院的中醫護理門診、名醫中醫工作室、骨科診療室等；三地護士互相交流、溫故知新，互有長益。除熱烈提問還試用互聯網的智能系統。





最後，港、珠、澳的參訪交流活動總結，一致認為三地同業雖然身處不同地域、崗位，但克盡己任去展盛現今護理，倡導健康共享之心相同。三地團員都認同並支持香港護理學院及澳門護士學會參與世界衛生組織、國際護士協會及英國 Burdett 信托計劃倡導 “Nursing Now” 運動，當中五個核心領域也是港、珠、澳護理的需要。未來還可以在各自優勢基礎上努力團結本土、區域或世界各地護士，以共融、共享發展理念，努力推進大灣區護理專業的發展及護理對衛生健康的影響。在各團員同意下，大家手持 “Nursing Now” 海報合照，象徵開展三地護理繼續努力，一齊以前瞻，團結，創新，承傳展現當今護理 “Nursing Now”，倡導健康共享，為建設健康的大灣區城市作為護理專業的貢獻。





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Towards the Greater Bay Areas: Hong Kong, Zhuhai Macau Professional Visit Tour

The theme is "Nurses: a Voice to Lead - Health for All"

April 12-13, 2019

Celebrating its 55th Anniversary, the College of Nursing Hong Kong (CNHK) in response to "Nurses: a Voice to Lead - Health for All", 2019 International Nurses Day theme of International Council of Nurses and coincide with motto of CNHK: Visionary, Unity, Creation and In-heritage. We organized a professional visit tour Zhuhai and Macau to learn how the nearby communities address aging population and the burden of chronic diseases.

The objectives of this professional visit were:

1. To understand the latest development of hospital and community health services in Macau
2. To know nurses' preparation and roles in combining Traditional Chinese Medicine and Western Medicine at Zhuhai
3. To understand the latest development of geriatric and community health services

Thirty members of the CNHK and together with representatives from Zhuhai Nurses Association and Nurses Association of Macau, more than 60 nurses meet at Macau and participated in this TWO day professional exchange activities.

On the first day of the exchange activities, Presidents of Zhuhai Nurses Association and College of Nursing Hong Kong met with of President Xie and Nurses Association of Macau at Kiang Wu Hospital. With the support of the support of Management team of Kiang Wu Hospital, we visited the Hospital and learn about the organization; nurses workforce management and nurturing the value of nursing; then moved to visit Servicos de Saude do Governo daRegiao Administrativa Especial de Macau, a Primary Health Care Center. The simulated dental clinic for children health promotion was inspiring. After visiting health facilities, our group move to explore the cultural and socio background of Macau. We went to visit Universidade de Macau (University of Macau) at Hengqin. Participants were fascinated by the academic atmosphere and the young and charm vitality. Before moving on to Zhuhai for dinner, we visited the Macao Museum. The guide staff briefed us the history of Macao. The creation of today lies on the historical cultural and socio foundations which powered one's vision to future.





In the evening, we gathered at Zhuhai for dinner. After a full day of visits, the members were not exhausted but were engaged to learn from each other at the dinner table. The three presidents sang together that brought to the upsurge of the night. Everyone sang and danced. What an enjoyable evening.

On April 13, we visited the visited Zhuhai People's Hospital. Leaders of the Zhuhai joined the opening forum and shared with the group the development of Greater Bay Areas and expectations on the nurses and health care professionals on developing healthy Greater Bay Areas. We, then visit the center for geriatrics, precision medicine and virtual hospital of Zhuhai People's Hospital. Next visit was the Traditional Chinese Medicine Clinic, Specialist Chinese Medicine Clinic, Orthopedic Clinic of Chinese and Western Medicine Hospital.



In closing, it was concluded that there are similarities and differences among the three areas: Hong Kong, Zhuhai and Macao, we are trying our best to present the current care and advocate with the same voice: Health for All. The participants all agreed and supported the College of Nursing Hong Kong and the Nurses Association of Macau joining the “Nursing Now” campaign leading by the World Health Organization, the International Council of Nurses and the Burdett Trust in the UK. With the consent of the participants, everyone joined a photo with "Nursing Now" logo. It is agreed concerted efforts of the three places supporting visionary, unity creation and in-heritage are essential for building a healthy Greater Bay Areas.

